

# Elmbrook Discussion Questions

## Series: *Simple Living*

### *Worship*

#### Getting Started

1. How would you describe a worshipful person?

#### Head: *What is the passage saying?*

Read aloud John 4:7-30

1. Describe the storyline of this passage.
2. What do we learn about the “woman of Samaria” in this passage?
3. What do we learn about Jesus in this passage?
4. What is Jesus teaching us about worship in this passage?

#### Heart: *How does this passage influence my inner being?*

1. How does what you want, reveal your worship?
2. In your own life and heart, what “wells” are you prone to draw from?
3. Where does worship in your own life and heart need to be re-oriented?
4. Take time to pray (another *Simple Living* message), and ask God to re-orient your heart. Be at rest in your Savior, Jesus. A well known quote by Augustine (354 - 430) goes like this, “*You have made us for yourself, O Lord, and our hearts are restless until they find their rest in you.*”

#### Hands: *How do I practically live this out?*

*“Authentic worship means being present to the living God who penetrates the whole of human life. The proclamation of God's word and our response to God's Spirit touches everything that is involved in being human: mind and body, thinking and feeling, work and family, friends and government, buildings and flowers.”* – Eugene Peterson – *The Jesus Way*

Here are some suggestions, or identify your own practical next step.

1. **Pray:** Ask God to reveal your authentic worship today. Be willing to respond.
2. **Read Scripture:** Take time this week to read Scripture, perhaps some Psalms. Express to God the truth about who he is. *God is spirit, and those who worship him must worship in spirit and truth.* (John 4:24)
3. **Talk It Out:** Share with someone about what God is teaching you about worship. Take a step to be less private about your faith.
4. **Journal or Draw:** Take time this week to express worship to God. Perhaps a Psalm will guide your expression.