



ELMBROOK  
CHURCH

# 50+ PLUS!

*What Now?*

LOVING THE NEXT YEARS OF YOUR LIFE

# Session 4 objectives - Page 28

- Review vision and plans for time, faith and relationships
- Learning about serving others

# Table discussion - Page 28

15:00



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# How to decide between a part time job or being a volunteer? Page 28

- Income
- Money
- Camaraderie
- Identity
- Time

# Skill assessment tools help - Page 29

- Many choices
  - Free/expensive
  - Quick/time intensive
  - Fit to a job/whole life plan
- Elmbrook uses the spiritual gift assessment tool that you used

# Table discussion - Page 29

20:00



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# What type of opportunity (job or volunteer) are you looking for? Page 29

- Physical or mental work?
- Apply existing skills or learn new things?
- Work directly with people in need or work in the background?
- Income or volunteer?
- Camaraderie, identity, friends or fill time?

# Why you need a “30 second resume” - Page 30

- Prioritizes and organizes your thoughts
- Brings clarity
- Let's others understand what you need
- It becomes your identity (particularly important after you retire)



# The parts of a “30 second resume” - Page 30

- Your name
- Number of years of experience
- Type of experience
- What I want to do for you
- How I can help you\*
- Why this is important to me\*

# Table discussion - Page 30

20:00



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# Service video - Page 30



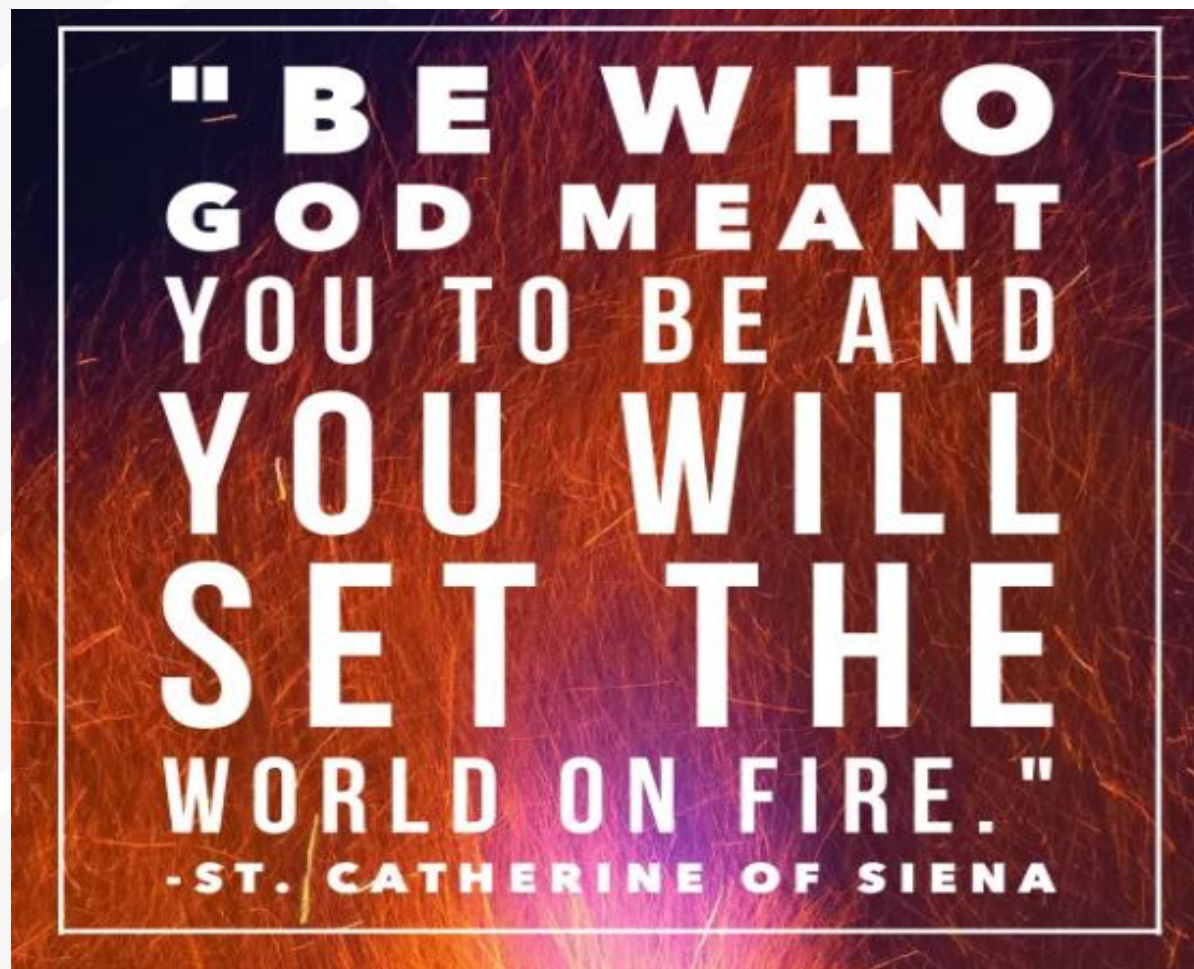
# Time for personal reflection - Page 30



# Homework - Page 31

- Review vision, time, faith, relationship plans
- Write your “30 second resume”
- Describe your ideal job/volunteer opportunity
- Complete your 50+ plan (Page 32)

Next session: Same night, time and location



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*What Now?*